

Come to Red Lodge Mountain and GET READY TO RACE!!

DECEMBER 5-9, 2018

WHAT YOU GET:

- GS and slalom technique and tactics
- Free-skiing drills
- Giant slalom and slalom training
- Daily video analysis
- Apres-ski social events
- Elan race ski demos (deeply discounted for purchase at the end of the camp)
- Ski tuning clinic
- Maximum 8:1 athlete to coach ratio
- Maximum number of camp participants: 32
- **New!** US Ski & Snowboard-sanctioned masters GS race!
- Tax deduction = 20% of camp tuition. Thank you for supporting the Silver Run Ski Foundation! The Dust-the-Rust-Off Camp benefits our junior race program.

COACHING STAFF:



Lisa Ballard: 2018 FIS Masters SG + SL World Champion; 6X US Masters Skier-of-the-Year; 100+ US alpine masters titles (DH, SG, GS, SL); USSS and PSIA-certified coach; 25+ years coaching experience; Author, *Ski Faster! Guide to Racing & High Performance Skiing*.



Mark Selby: USSS Level 200 and PSIA Level 2 coach, 22 years coaching experience, 16 years Silver Run Coach, all age/ability levels; ski gear + tuning guru



Pete Petry: Head Coach, Silver Run Ski Team, USSS Level 300 coach, 2X All-American and collegiate national champion



Emily Danza: USSS Level 200 coach; 2X All-American; Masters Candidate, Sports and Performance Psychology, University of Denver; Coach, Eldora Mountain Ski & Snowboard Club

SCHEDULE:

December 4: Welcome reception, 6pm at The Pollard Pub. Hors d'oeuvres provided by Silver Run Ski Club.

December 5: Free-skiing drills (a.m.). SL training (p.m.). Welcome dinner at the home of Jack and Lisa Ballard.

December 6: SL training (a.m.). SL training (p.m.). Group dinner at Red Lodge Pizza Company.

December 7: Free-skiing drills (a.m.). GS training (p.m.). Apres-ski wax clinic. Optional group dinner at Bogarts*.

December 8: GS training (a.m.). GS timed runs (p.m.). Optional group dinner - annual Silver Run Ski Foundation Dinner/Auction at Rock Creek Resort*: \$40 for camp participants (\$10 discount) at reserved tables for the camp. Thanks for supporting Silver Run!

December 9: US Ski & Snowboard GS Race (a.m.) Afternoon departure.

**Dinner not included in camp tuition.*

COST:
ONLY \$305!

Camp tuition includes your race entry fee!

Camp tuition does not include transportation, lift tickets, lodging and US Ski & Snowboard masters license. Note: If you are not a member of US Ski & Snowboard, the camp staff will assist you in either joining (recommended if you are planning to go to additional masters races) or obtaining a one-day short-term license.

Late Registration Fee (after November 15th): \$100

Discounted tuition for current Silver Run Masters Racers:

Note: Your 2018-19 club membership must be paid prior to camp registration.

Punch cards: No discount
1-Day Program: \$260
2-Day Program: \$195
Multi-Day Program: \$65

Can only come to part of the camp?

No problem! We will pro-rate your camp tuition based on the number of days you can attend: \$65 per day.

Recommended Lodging:



Silver Run has reserved a room block: "Upper Level Room" (2 queens or 1 king), \$89/night + tax, at The Yodeler Motel, www.yodelermotel.com, 1-866-446-1435. Lower level rooms are also available at \$65/night + tax.

The Yodeler is located near the bottom of the ski area access road and an easy walk into the heart of Red Lodge. The motel has complimentary ski tuning benches and vices. Note: The room block will be released on November 3, 2018.

Lift Tickets:

Red Lodge Mountain offers discounted multi-day lift tickets which can be purchased at the ticket window or even cheaper on-line (www.redlodgemountain.com). Estimated cost for a 5-day lift ticket based on 2017-18 rates:

Adults (18-64): \$260
Seniors (65-69): \$204
Super Seniors (70+): \$106

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com

Vanessa Selby, Program Director, Silver Run Ski Club, T. (406) 208-1875, silverrunski@gmail.com

TO REGISTER:

Sign up on-line at www.SilverRunSki.com.